



Sample Daily Schedules

There are a lot of different ways to plan a day of learning at home. You don't have to lock-in on one style right away; you may end up blending ideas for the perfect fit. Give yourselves some time to figure out what works best for your family.

We are sharing sample schedules for you to consider and have provided a downloadable template so you can create your own!

Traditional By Subject

<i>Time Block</i>	<i>Activity or Goal</i>
8:30 - 9:30	Language Arts (reading, grammar, writing)
9:30 - 10:30	Math
10:30 - 10:45	Snack/Break
10:45 - 11:45	PE/Movement
11:45 -12:15	Lunch Break
12:15 - 1:15	Science
1:15 - 2:15	Elective (e.g. Music, Art, Computer Sci, World Language)
2:15 - 2:30	Snack/Break
2:30 - 3:30	History
3:30 and beyond	Time for hobbies, extracurricular activities, free time



Morning/Evening

Great for working families!

<i>Time Block</i>	<i>Activity or Goal</i>
7:00 - 8:00	Age Appropriate Academic Time (Lang Arts, Math, Sci, Soc St)
8:00 - 3:00	Day Care or care from friend/family, Work with Parent, other activities
3:00 - 4:30	Age Appropriate Academic Time (Lang Arts, Math, Sci, Soc St)
4:30 - 5:00	Physical Activity or Creative Time
5:00 - 6:30	Age Appropriate Academic Time (Lang Arts, Math, Sci, Soc St)
6:30 - 8:00	Family Time-dinner, etc
8:00 - 8:30	Age Appropriate Academic Time (Lang Arts, Math, Sci, Soc St)

Voice and Choice

<i>Time Block</i>	<i>Activity or Goal</i>
8:30 - 9:30	Morning Activity (chores, exercise, etc.)
9:30 - 10:30	Age-Appropriate Academic Time (Lang Arts, Math, Sci, History)
10:30 - 11:30	Creative Time/Electives (arts, music, board games, Legos)
11:30 - 1:30	Lunch and Physical Activity
1:30 - 2:30	Age-Appropriate Academic Time (Lang Arts, Math, Sci, History)
2:30 - 3:30	Quiet Activity (reading, puzzles, crafting, podcast, audiobook, etc.)
3:30 - 4:30	Break/Afternoon Activity (walk, bike, yoga, meal prep, bake, chores, etc.)
4:30 - 5:30	Age-Appropriate Academic Time (Lang Arts, Math, Sci, History)



Project-Based Learning/Integrative Learning

<i>Time Block</i>	<i>Activity or Goal</i>
8:30 - 8:45	Morning Meeting. Set a main content area focus for the day
8:45 - 10:45	Foundational Academic Skills (Math, ELA)
10:45 - 11:30	PBL Time - Project Planning and Research
11:30 - 12:30	PBL Time - Drafting and Editing
12:30 - 2:30	Lunch and Physical Activity
3:30 - 4:30	PBL Time -Presenting and Doing

Non-Time-Specific

<i>Time Block</i>	<i>Activity or Goal</i>
1 hour	Language Arts (reading, grammar, writing)
1 hour	Math
15 min.	Break
1 hour	PE
30 min.	Lunch Break
1 hour	Science or Social Studies
1 hour	Elective/Other (e.g. Music, Art, Computer Science, Foreign Language)

- ★ *Subjects can be done in any order that works for your family.*
- ★ *These are general time frames. Some days, kids might spend a longer or shorter time period on a topic.*
- ★ *Kids can be given a check-off sheet for tracking (this gives them some freedom to choose the order of their day).*
- ★ *Chores can be added into the schedule.*

Additional Resources:

- ★ [The Homeschool Mom: Homeschooling Styles](#)
- ★ [The Benefits of Project-Based Learning](#)